

# COUNTY OF LOS ANGELES

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## DEPARTMENT OF MENTAL HEALTH

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Reply To: (213) 738-4601  
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July 20, 2010

TO: Each Supervisor

FROM: Marvin J. Southard, D.S.W.  
Director of Mental Health

SUBJECT: **ADVANCE NOTIFICATION OF INTENT TO ENTER INTO A SOLE SOURCE CONTRACT WITH THE REGENTS OF THE UNIVERSITY OF CALIFORNIA ON BEHALF OF THE SAN FRANCISCO CAMPUS**

This memo is to comply with the Board of Supervisors' Policy Manual, Section 5.100, Sole Source Contract, by notifying the Board of our need to initiate a Sole Source contract. It is the Department of Mental Health's (DMH) intent to enter into new sole source contract negotiations with the Regents of the University of California (Regents) on behalf of the San Francisco campus (UCSF), located at 3333 California Street, Suite 315, San Francisco, CA 94143-0962.

The Regents through the UCSF Child Trauma Research Project (CTRP) will provide training, consultation, and technical assistance in support of implementing the Child-Parent Psychotherapy (CPP) program within selected Los Angeles County contracted agencies and directly-operated clinics as a result of the DMH budget curtailment and Prevention and Early Intervention (PEI) transformation. Developed by UCSF-CTRP, CPP is one of the Evidence-Based Practices (EBPs) in the Mental Health Services Act (MHSA) PEI Plan that DMH is implementing. DMH is providing training, consultation, and technical assistance for this practice in order to implement the EBP as quickly as possible so that there is seamless delivery of services to its consumers, clients and family members.

CPP services are specialized services delivered by mental health clinicians as part of multi-disciplinary treatment teams. CPP is a psychotherapy model that integrates psychodynamic, attachment, trauma, cognitive-behavioral, and social-learning theories into a dyadic treatment approach designed to restore the child-parent relationship and the child's mental health and developmental progression which trauma, maltreatment and/or exposure to domestic violence may have damaged. Six intervention modalities are employed to strengthen child-parent interactions by restoring a sense of mastery, security, and growth and promoting congruence between bodily sensations, feelings, and thinking on the part of both child and parent and in their relationship with one another.

*"To Enrich Lives Through Effective And Caring Service"*

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CTRP-UCSF is a program within the University of California, San Francisco, Department of Psychiatry. In existence since 1996, CTRP-UCSF is located at San Francisco General Hospital (SFGH) in the heart of the Mission District. Since 2001, CTRP-UCSF has been the lead program of the Early Trauma Treatment Network, a center of the federally-funded National Child Traumatic Stress Network. CTRP-UCSF develops, evaluates, implements, and disseminates effective relationship-focused, culturally-informed interventions for trauma-exposed young children and their families, starting during pregnancy and through age five.

Staff from CTRP-UCSF will be conducting the CPP training. The consultation and training services under the proposed sole source contract with DMH will be fully funded with \$287,679 in MHSA PEI funding. The term of the consultant agreement will be from Fiscal Year (FY) 2010-11 through FY 2011-12.

Unless otherwise instructed by a Board office within two weeks, DMH will proceed with negotiating the sole source contract. DMH will work closely with both County Counsel and the Chief Executive Office in preparing a new agreement with the Regents of the University of California.

MJS:DM:lb

c: Health Deputies  
Chief Executive Officer  
Executive Officer, Board of Supervisors  
County Counsel  
Robin Kay, Ph.D.  
Dennis Murata, M.S.W.  
Contracts Development and Administration